

Adelaide Damoah is a self-taught artist who takes her inspiration from the inner recesses of her being. Her passion for painting was evident at an early age, but it only manifested itself when endometriosis and adenomyosis interrupted her career in the pharmaceutical industry. The crippling pain became the basis of a mind-blowing series of heartfelt abstract paintings, depicting her discomfort in kaleidoscopic form. This has become the catalyst for her artistic expression and has paved the way for a new and exciting career in the art world.

As an artist she is inspired and influenced by the life and art of Frida Kahlo, whose physical and emotional pain was evident in her work. Her pieces, like Adelaide's, exude vibrancy while telling a thought provoking story. Adelaide's works are also inspired by her life's experiences, informed by an honours degree in Applied Biology and is often based upon visions from her subconscious. Damoah practices "Automatic drawing" as a way of expressing her subconscious and as such in some ways, she identifies with some of the pioneers of the surrealist movement.

Adelaide is best known for her 2006 exhibition "Black Brits" whereby she attempted to evoke a racial debate with striking pieces of British Icons leading to appearances on BBC London news and Channel 5 News.

Past exhibitions:

- **2005 solo show Buffalo film festival Clapham UK**
- **Feb 2006 Solo show "Black Brits" Islington UK**
- **October 2006 Group show Francophone Space African Arts Portsmouth UK**
- **November 2007 Group show. I2U gallery Ladbroke Grove UK**
- **June 2008 Solo show. "Black Lipstick" Bernie Grant Art center UK**
- **August 2008 Solo show. "Black Lipstick" Clapham UK**
- **October 2008 Solo show "Supermodels" Nolia's Gallery Southwark UK**
- **February 2009 Group show. Screen Nation Awards Bafta, Piccadilly UK**
- **March 2009 Group show Rich Mix, Brick Lane UK**
- **June 2009 Group show Opera Gallery Budapest Hungary**

Future exhibitions:

- **October 2009 Solo show Soho, London, UK**
- **2010 Solo show Copenhagen, Denmark**
- **2010 Solo show Spain**
- **2011 Solo show Rome**